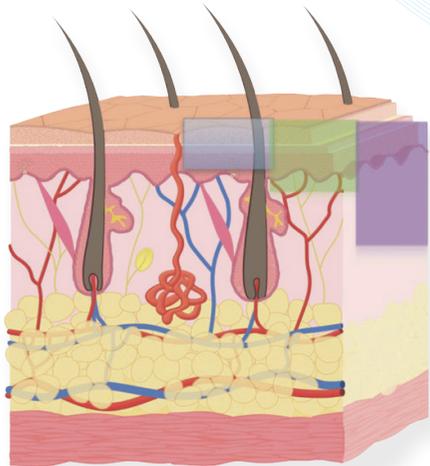


Things to Note Before Chemical Peeling

- Before chemical peeling, please consult with your dermatologist first.
- Your doctor will first review your medical history, do some physical examinations, and discuss the problems and targets that you desire.
- Then the doctor will decide the regiment for your tailored peeling program.
- Before chemical peeling, the doctor may tell you to use certain cream and avoid certain medicines / cosmetics.

Chemical Peeling Procedure

Depending on the type of peeling, your doctor will perform different procedures. In general, your doctor will apply chemical solution onto your skin. For deep peeling, the doctor may give you IV fluids and monitor your heart rate. Usually the procedure lasts for 30 - 90 minutes.



Things to Note After Chemical Peeling



The treated skin may become red
(depending on the depth of the peeling procedure)



Apply skin cream according
to doctor's instructions



Use sunscreen or
moisturizer regularly
according to doctor's
instructions



Avoid
direct sunlight



Avoid using skin
exfoliating products
right after peeling



Avoid rubbing / scratching skin



Avoid certain cosmetic /
make-up products for some time
according to doctor's instructions



MORE INFORMATION
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Resources : <https://www.mayoclinic.org/tests-procedures/chemical-peel/about/pac-20393473>
<https://www.healthline.com/health/beauty-skin-care/chemical-peels-at-home>



Treatment Chemical Peeling

- ✓ Improve skin texture and treat aging skin
- ✓ Reduce wrinkles
- ✓ Promote skin cells regeneration
- ✓ Reduce hyperpigmentation or facial spots
- ✓ Lessens the appearance of acne scar
- ✓ Reduce Blackheads
- ✓ Stimulates Collagen Formation

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Chemical Peeling

- **Chemical Peeling** is a skin treatment procedure in which a chemical solution is applied on to the skin to exfoliate its outermost layer and induce new skin cells growth.
- **Chemical peeling** is often used to treat wrinkles, uneven skin tone / facial spots, and acne scar. Peeling can be done in combination with other cosmetic procedures and for different skin depths.
- **Chemical peeling** for deeper skin layer will have more apparent results but will need longer time to recover.

Purpose of Peeling

To exfoliate the outer layer of the skin to regenerate the facial skin and repair its beauty in a safe manner.



Chemical peeling is divided into 3 based on the depths it targets:

- **Light chemical peeling:** a superficial chemical peel that targets the exfoliation of the outermost layer of the skin (epidermis). It is most often used to treat fine wrinkles, acne, dry skin, or uneven skin tone.
- **Medium chemical peeling:** a medium chemical peel that targets the exfoliation of the epidermis up to the outermost dermis (middle layer of the skin). It is used to treat wrinkles, acne scar, and uneven skin tone. This procedure may need to be repeated to reach or maintain the desired result.
- **Deep chemical peeling:** a deep chemical peel that targets the exfoliation of deeper layer of the skin. Doctors may recommend this to treat deeper acne scar, wrinkles, or pre-cancerous lesion. This is often done only once to reach a certain desired result.

Side Effects of Peeling



- ✓ Redness, scabbing, swelling.
- ✓ Infection. After peeling, there could be bacterial, viral, or fungal infection if the skin is not treated cleanly.



- ✓ Hyperpigmentation (Changes in skin color).
- ✓ Scarring (chemical peeling may cause scarring especially on the lower part of the face.).

"The doctor will prescribe medication to treat this."

